

Delicious Vegetarian Restaurant

1467 Pembina Hwy 477-1530

Lunch
Mon-Fri 11:30 - 2:30

Dinner
Mon - Closed Tues - Sat 4:00 - 10:00
Sun 4:00 - 9:00

**All dishes are vegan and
contain no MSG.
Visa and Cash only.**

Soup

1. Won Ton Soup (16 oz)	\$3.50
2. Hot & Sour Soup (16 oz)	\$3.85
3. Vegetable Bean Threads Soup (24 oz)	\$6.75
4. Corn & Tofu Soup (24 oz)	\$6.75
5. Consomme Soup (16 oz)	\$2.50
5a. Vegetable Soup (16 oz)	\$3.50
5b. Seaweed w/ Three Kinds of Mushrooms Soup	\$6.95

Appetizers

6. Won Ton w/ Garlic Chili Sauce	\$5.50
6a. Vegetarian Mock Duck	\$6.95
7. Spring Roll	\$1.35
8. Pan Fried Vegetable Dumplings	\$5.50
9. Steamed Vegetable Dumplings	\$5.50
10. Vegetable Moo Shi	\$7.50
11. Vegetable Snow	\$9.95
12. Gum Lo Won Ton	\$5.95
12a. Edamane Soya Beans	\$6.95

Deluxe Vegetarian Dishes

13. Delicious Vegetable Deluxe	\$8.75
14. Lo Han Vegetable Deluxe	\$7.75
15. Tofu w/ Satay Sauce	\$7.95
16. Spicy Szechuan Tofu (Steamed)	\$7.25
17. Tofu w/ Black Bean Sauce	\$7.95
18. Vegetable w/ Tofu	\$7.95
19. Tofu w/ Spicy Salt	\$7.95
20. Bean Threads w/ Minced Vegetables	\$7.25
21. Stir Fried Edamane	\$8.95
22. Season Vegetable w/ 2 kinds of Mushrooms	\$8.95
23. Eggplant w/ Black Bean Sauce	\$7.95
24. Stir Fried Season Vegetable	\$7.95
24a. Sauteed Mixed Vegetables	\$6.95
25. Deep Fried Mushrooms w/ Spicy Salt	\$8.95
26. Mushroom Chop Suey	\$6.50
27. Eggplant w/ Peking Sauce	\$8.95
28. Delicious Chop Suey	\$7.50
29. Three Kinds of Vegetables w/ Curry Sauce	\$8.50
30. Sliced Gluten w/ Mushrooms	\$8.95
31. Sweet & Sour Gluten Balls	\$8.25
32. Vegetarian Filet w/ Szechuan Sauce	\$8.95
32a. Vegetarian Filet w/ Cream Corn Sauce	\$8.95
32b. Vegetarian Filet w/ Lemon Sauce	\$8.95
33. Sliced Gluten w/ Black Bean Sauce	\$8.25
34. Subgum Tofu	\$7.95
35. Vegetarian Eight Treasures	\$7.95
36. Broccoli in Bean Curd Sauce	\$7.95
37. Pressed Beancurd w/ Shredded Vegetables	\$7.95
38. Tofu Stew	\$7.95
39. Bean Thread & Tofu w/ Curry	\$7.95
40. Bean Thread with Mixed Vegetables	\$7.95
41. Tofu with Lemon Grass	\$7.95
42. Tofu with Pineapple & Picked Ginger	\$7.95
43. Steamed Tofu with Black Bean Sauce	\$6.00
44. Steamed Tofu with Satay Sauce	\$6.50
45. Deep Fried Tofu with Szechuan Sauce	\$7.95
46. Deep Fried Tofu with Peanut Sauce	\$7.95
47. Deep Fried Tofu with Broccoli	\$8.95

48. Deep Fried Tofu with Ginger & Green Onion	\$7.95
49. Sweet & Sour Deep Fried Tofu	\$7.95
50. Winter Bamboo Shoots with Black Mushrooms	\$8.95
51. Sliced Gluten w/ Cabbage & Pressed Bean Curd	\$8.95

Vegetarian Beef & Chicken

52. Vegetarian Beef with Black Bean Sauce	\$8.95
53. Vegetarian Beef with Curry Sauce	\$8.95
54. Vegetarian Beef with Mixed Vegetables	\$8.95
55. Vegetarian Beef with Satay Sauce	\$8.95
56. Vegetarian Beef with Ginger & Green Onion	\$8.95
57. Vegetarian Chicken with Satay Sauce	\$8.95
58. Vegetarian Chicken with Black Bean Sauce	\$8.95
59. Vegetarian Chicken with Ginger & Green Onion	\$8.95
60. Vegetarian Chicken with Curry Sauce	\$8.95
61. Vegetarian Chicken with Mixed Vegetables	\$8.95
62. Vegetarian Chicken Stew	\$8.95

Noodles, Rice & Congee

63. Delicious Chow Mein	\$9.95
64. Lo-Han Chow Mein	\$8.75
65. Deluxe Fried Noodles	\$7.95
66. Season Vegetable & Mushroom Chow Mein	\$8.95
67. Singapore Style Rice Noodles	\$7.95
68. Singapore Style Vermicelli	\$7.95
69. Stir Fried Vermicelli with House Sauce	\$7.95
70. Hong Kong Style Chow Mein	\$7.95
71. Vegetarian Beef w/ Rice Noodles & Black Bean Sauce	\$9.95
72. Vegetarian Beef w/ Rice Noodles & Satay Sauce	\$10.95
73. Vegetarian Beef w/ Season Vegetable & Rice Noodles	\$10.95
74. Vegetarian Beef w/ Mixed Vegetables & Rice Noodles	\$10.95
75. Vegetarian Beef w/ Mixed Vegetables Chow Mein	\$10.95
76. Vegetarian Beef w/ Black Bean Sauce Chow Mein	\$9.95
77. Vegetarian Chicken w/ Mixed Vegetables Chow Mein	\$10.95
78. Vegetables w/ Tofu Chow Mein	\$9.95
79. Plain Noodle Soup	\$3.95
80. Delicious Noodle Soup	\$9.95
81. Lo-Han Noodle Soup	\$8.75
82. Wonton Noodle Soup	\$5.50
83. Noodle Soup w/ Spicy Peanut Sauce	\$4.75
84. Delicious Fried Rice	\$6.95
84a. Hawaiian Fried Rice	\$6.95
85. Mushroom Fried Rice	\$5.95
85a. Vegetables Fried Rice	\$7.50
86a. Steamed Rice	\$1.00
86b. Brown Rice	\$1.95
86c. Half Steamed Rice/Half Brown Rice	\$1.75
87. Delicious Congee	\$5.95
88. Lo-Han Congee	\$4.95
89. Corn Congee	\$4.95
90. Two Kinds of Mushroom Congee	\$4.95
91. Plain Congee	\$2.50

** Prices subjected to change without notice**